



# Arif H. Agha, M.D, F.R.C.S.

Diplomat American Board of Urology

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Phone: (800) 92-VASMD Fax: (800) 57-VASMD

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## Pre-Op Instructions

**Do not take any Aspirin for at least a week before your procedure. If you are on a blood thinner other than Aspirin, please call us for advice or contact you primary care doctor.**

If you normally take any other medication daily you may take them as needed.

You may **shave the scrotum** on the day of surgery if possible.

Take a **shower** with antibacterial soap a few hours or the night before surgery with gentle cleaning of scrotal area.

Please bring an **athletic supporter** that fits your size with you to wear after the procedure.

### **Dos and Don'ts**

For your personal safety and comfort, we ask that you follow these guidelines...

1. **DO NOT eat or drink anything**, not even water, for **six hours** before your surgery even though surgery will be under local anesthesia.
2. DO NOT wear jewelry or bring valuables with you. We have no place for safe-keeping of these items.
3. DO NOT discontinue any medications unless so directed.
4. DO notify your surgeon if you are a **diabetic**.
5. DO notify if you experience any health changes between your last communication and the day of surgery - such as a cold, fever, the flu or other symptoms.
6. DO wear casual, comfortable, loose fitting clothing.
7. **DO feel free to bring a favorite video movie (VCR) for accompanying adults/children, CD player or palm devices for patients.**
8. DO arrange for someone responsible to drive you home and stay with you upon discharge. You may feel a little weak or sleepy; this is normal. Printed post-operative instructions will be given to you when you leave. No patient will be discharged after anesthesia without a responsible adult present.

### **Where to report**

Please report at Oak Brook Medical & Surgical Center, 2425 West 22<sup>nd</sup> Street, Oak Brook, IL 60523 one hour before surgery time. If you have any difficulty locating the facility please call 630-990-4244 to speak with someone who could guide you. We have a 24/7 answering service.